Moments that take your breath away

Life is beautiful. We love, celebrate and relish it!

Domaine La Butte aux Bois in Lanaken is synonymous with joie de vivre. An historic country estate, award-winning gourmet hotspot, and eco-chic SPA retreat: together they are exceptional and sensational.

With the Spa Retreat La Forêt, La Butte aux Bois defines a new dimension of wellbeing. An homage to individuality, an expression of the uniqueness of beauty.
FACILITIES
Spa Retreat La Forêt comprises Le Spa and Le Spa Terrasse: space & privacy for a blissful break, complemented by Le Gym where your personal workout coach awaits. Slow down and enjoy private cocooning in harmony with nature. We believe in beauty from within; La Forêt Lounge & Terrasse serves beauty food – designed to maintain your skin’s vitality and youth.

ALL GOOD THINGS FOR BEAUTIFUL, HEALTHY SKIN
Nothing makes us feel more attractive than a clear and smooth complexion. Skin impurities and skin alterations are the visible results of environmental influences, our lifestyle and the natural process of ageing. We apply the latest methods to improve and regenerate the structure and appearance of your skin. Our range of services includes our La Forêt by Dr. Bullens medical cosmetic facial treatments, dermatological consultations, skin rejuvenation and aesthetic treatments. Bespoke advice, specialised treatment techniques, and a choice of skincare products ensure maximum effectiveness. Expect knowledgeable support and professionalism from dermatologist Dr. Yolande Bullens-Goessens and our beauty team.

CONCEPT
La Forêt’s comprehensive treatment concept is based on five principles: Reenergizing, Reharmonizing, Refreshing, Regeneration and Recovering. All treatments are tailored to individual requirements. Bien-être, wellbeing and quality of life pour FEMME, HOMME, JEUNE in all of life’s situations.

SIGNATURE TREATMENTS
Inspired by the power of nature, La Forêt has deep roots in the region, and makes full use of Mother Earth’s elemental forces. Wellbeing and repose are at the heart of the La Forêt Spa signature treatments, specially created with the region’s natural treasures.
SPA RETREAT LA FORÊT
Opulence, nature and wellbeing on 1,350sqm

Ground floor

**LE SPA**
- Indoor pool
- Relaxation areas
- Panoramic sauna
- Hammam
- Infrared duo seats
- Iced water area

**LE SPA TERRASSE**
- Covered terrace
- Covered outdoor Jacuzzi
- Spaces for meditation and Yoga
- Relaxation area

First floor

**LA FORÊT**
- Dr. Yolande Bullens-Goessens’ clinic
- Eight treatment booths
- Gharieni PediSpa
- Gharieni quartz sand spa table
- Gharieni SpaWave
- Dermalife SpaJet Hydrofusion
- Skin rejuvenation and improvement by JetPeel

**LA FORÊT LOUNGE & TERRASSE**
Guests who have booked treatment appointments enjoy exclusive access to the La Forêt Lounge & Terrasse where light meals, healthy snacks and beauty foods – designed to support the processes of skin rejuvenation and improvement – are served.

**LE GYM – PRIVATE FITNESS CLUB**
- ARTIS by TechnoGym
- Personal coaching
- Virtual personal coaching with TechnoGym’s MyWellness cloud app.
- Indoor activities: Yoga, Pilates, boxing, Tai Chi and much more
- Outdoor activities: Start2Run, Nordic walking, mountain biking, cycling, boot camps with personal coaching and much more

**20 AMBIANCE & EXPÉRIENCE ROOMS**
with direct access to Le Spa and Le Gym

Hotel guests have access to Le Spa and Le Gym
7am – 10pm.
Spa Reception: Tel +32 (0) 89 739772,
Hotel ext.: 200
LE GYM
Take a breath... and exercise

One of the Spa Retreat La Forêt’s highlights is Le Gym – the exclusive private fitness club for hotel guests and members, which is run by personal coach and former professional sportsman Ingmar Harthoorn. The impressive gym is the first in Belgium to be fitted with TechnoGym’s ARTIS line of high-tech gym equipment.

Personal coaching is available with TechnoGym’s MyWellness cloud app. Indoor activities include Yoga, Pilates, boxing and Tai Chi. Daily outdoor activities in the Hoge Kempen National Park include running, Nordic walking, mountain biking and cycling as well as boot camps with personal coaching.

NOTE: for information about Le Gym’s classes, please see the weekly programme.

Personal coaching with Ingmar Harthoorn
Per 25-minute session €40
Facials

SHISEIDO
where east meets west...

Shiseido’s aim is to encourage harmony of body and spirit, thereby facilitating general wellbeing. Founded in Tokyo in 1872, Shiseido offers a unique blend of high-tech and traditional eastern philosophy.

NURTURING EXPRESS TREATMENT
SHISEIDO FLASH TREATMENT
This short treatment strengthens the skin’s defence mechanisms, protects against environmental influences and relieves stress.
Cleanse, steam treatment, deep cleansing foam, moisturising lotion, express mask, restorative skincare
45 min €75
TIP: perfect combined with a body wrap!

FOR ALL SKIN TYPES
SKIN PERFECION TREATMENT
Our experienced beauticians select the SHISEIDO product line that works best with your skin type to ensure optimal results and skin that feels simply wonderful.
Cleanse, steam treatment, deep cleanse, skin-type-specific lotion, mask, eyebrow shaping, eye care and finishing treatment
60 min €95
TIP: add an eyelash or eyebrow tint treatment to your booking!

VIBRANT LUMINOUSITY
ULTIMATE RADIANCE TREATMENT FROM THE BIO-PERFORMANCE SKINCARE COLLECTION
This treatment endows your skin with youthful radiance and moisture – as well as a definite advantage against ageing.
Cleanse, steam treatment, deep cleanse, enzyme exfoliation, skin type-specific lotion, eyebrow shaping, RX massage, alginate face mask, Glow Revival Serum, eye care and moisturising treatment
90 min €129

PURE LUXURY COMBATS THE SIGNS OF TIME
FUTURE SOLUTION LX FACIAL CEREMONY YUTAKA TREATMENT
The future of boundless beauty from SHISEIDO’s award-winning Future Solution LX premium product line – maximises your skin’s beauty, and combats the signs of ageing.
Cleanse, steam treatment, deep cleanse, lotion, eyebrow shaping, face mask, rose, plum and cherry blossom massage cream, head massage followed by a hand and foot massage
120 min €179

SHISEIDO
where east meets west...

‘Praise the virtues of the earth, as that is where everything is born’ is the most accurate translation of ‘Shiseido’, a word that encapsulates the beauty brand’s philosophy and holistic approach to beauty and wellbeing. The Japanese luxury brand ranks amongst the world’s oldest and most renowned cosmetics manufacturers.

Shiseido’s aim is to encourage harmony of body and spirit, thereby facilitating general wellbeing. Founded in Tokyo in 1872, Shiseido offers a unique blend of high-tech and traditional eastern philosophy.
The renowned dermatologist Dr. Yolande Bullens-Goessens has developed an innovative and exclusive medical beauty line built on her many years of experience: La Forêt by Dr. Bullens is a luxurious system care concept based on proven high-tech cosmetic constituents and premium-quality, highly dosed active ingredients sourced from nature.

**LA FORÊT BY DR. BULLENS**

**ANTI-AGEING**

Beauty and nurture for the more mature skin. Thalasso algae and thermal water nourish the skin with bountiful moisture. Hyaluronic acid, Argireline and lecithin have a plumping effect, making the skin smoother, and eliminating wrinkles and fine lines. Her unique active ingredient formulas reduce age spots and stimulate the production of collagen for a radiant complexion and smoother, younger looking skin.

**LA FORÊT BY DR. BULLENS**

**ANTI-ACNE**

The ideal range for young, problem-prone skin. Grape seed extracts combined with aloe vera and medicinal clay reduce skin inflammation and rebalance sebaceous gland activity. Acne, blemishes and irritations are visibly improved. The skin is harmonised and soothed.

**LA FORÊT BY DR. BULLENS**

**MEN**

Makes (his) skin feel brand new: aloe vera nourishes and moisturises hard-working masculine skin. Grape seed extracts, natural active ingredients from the sea, and antibacterial ingredients combat minor skin problems and soothe razor burn. Panthenol and menthol supply an extra energy boost.

**LA FORÊT BY DR. BULLENS**

**BODY THALASSO**

Beauty, nourishment and wellbeing from the power of the sea. The Body Thalasso series contains highly effective Thalassic seaweed as well as thermal water – supremely moisturising active ingredients that visibly tone the body’s silhouette.

La Forêt by Dr. Bullens

Beauty with medical expertise

Natural high-tech for every stage of life
SIGNATURE FACIALS
**LA FORÊT BY DR. BULLENS**
Feel great in your own skin!

**IDEAL FOR SENSITIVE AND MATURE SKIN**

**ANTI-AGEING TREATMENT**
- Cleanse, ozone steam treatment, vitamin A exfoliation, ozone Steam treatment, face mask, anti-ageing day cream with hyaluronic acid, plant extracts and premium natural oils
- 90 min €129

**FOR YOUNG SKIN, IRRITATIONS & NEURODERMATITIS**

**ANTI-ACNE TREATMENT**
- A treatment for young skin prone to acne and blemishes and/or for greasy skin. Also suitable for restoring more mature skin subject to hormonal and physical changes that bring about a variety of skin complaints.
- Ozone steam treatment, thorough pore extractions, eyebrow shaping, gentle enzyme exfoliating treatment, relaxing head and face massage, cleansing mask, balancing day cream
- 45 min €75
- 75 min €105

**PURELY FOR MEN**

**LA FORÊT MEN**
- A skincare programme designed to meet the specific needs of masculine skin. Intelligent active ingredient formulations and highly concentrated constituents restore the skin’s equilibrium. Minerals and trace elements lost through stress or exercise are replenished.
- Cleanse, ozone steam treatment, comedone extraction, eyebrow shaping, relaxing head and face massage, mask, day cream
- 60 min €95
- 90 min anti-ageing €129

**THE SECRET OF LA FORÊT BY DR. BULLENS**
- Paraben- and silicone-free
- Not tested on animals
- Based on ethical criteria
- Dermatologically tested and perfume-free
- The line also includes many vegan products
- Non comedogenic

Order La Forêt by Dr. Bullens products online:
shop.labutteauxbois.be
JETPEEL – THE NATURAL HIGH-TECH BOOST
FOR YOUR SKIN

Skin improvement & rejuvenation

A rejuvenated, clear complexion with fewer wrinkles and instant rosy radiance! The JetPeel uses air and water to feed vitamins – or hyaluronic acid if required – deep into the skin. It exfoliates, draws out lymph, and stimulates the metabolism and blood flow. This is a particularly effective method for acne, age spots, couperosis, blemishes, wrinkles, enlarged pores, rosacea, liver spots, dark circles under the eyes and spider veins. JetPeel is also applied in combination with a range of active compounds to rejuvenate and tighten skin, reduce scarring, and as an anti-ageing treatment for the face and hands.

EVERY TREATMENT INCLUDES
...a JetPeel deep cleanse and may also include a JetPeel lymphatic drainage if required and depending on the chosen package. Healthy skin metabolism requires an acidic pH value for the rejuvenation enzymes to have maximum effect. With the help of glycol and AHA fruit acids, the JetPeel lowers the alkaline pH value of skin that has aged prematurely, exhibits hyperpigmentation or is subject to skin barrier complaints such as acne, working down to the deepest layers to achieve ideal acidity levels. The skin is thus excellently prepared to absorb highly active, rejuvenating active ingredients. Individual active serums stimulate collagen and elastin production, supply the cells with energy, improve skin pigmentation and complexion, and smooth away fine lines.

RECOMMENDATION: Series of five treatments during the course of a week.
SPA SPECIAL: Five treatments at a special price on request!

60 min  €119 excluding lymphatic drainage & eyebrow shaping
90 min  €149 including lymphatic drainage & eyebrow shaping
TIP: add shine to your hands with a gel polish by O.P.I.  €49

The future of your skin starts now!
DERMATOLOGICAL CONSULTATIONS
AESTHETIC COSMETICS
Dr. Yolande Bullens-Goessens

Dr. Bullens-Goessens’ professional expertise is amply demonstrated by her outstanding qualifications, significant experience, continuous training, and attendance at many conferences and congresses. These are all factors that have given her access to the latest methods and developments in the field of aesthetic cosmetics, as well as refining her know-how. In 2006, Dr. Yolande Bullens-Goessens and a partner opened a private dermatology clinic in Genk. Since the Spa Retreat La Forêt opened in 2017, she has also been running its Clinic for Dermatology and Aesthetic Cosmetics.

RANGE OF LA FORÊT BY DR. BULLENS SERVICES

- Dermatological consultations
- Skin improvement, treatment of skin conditions
- Chemical peels
- Anti-ageing
- Customised serums (Universkin)
- Botox for the treatment of expression lines
- Fillers: hyaluronic acid or calcium hydroxylapatite (Radiesse®)
- Tixel®: A new rejuvenation treatment with thermo-mechanical ablation (TMA) technology using direct heat to achieve anti-ageing effects and improve scars.
- Mesotix®

Please call +32 (0) 89 739 772 to make an appointment.

Dermatological consultation €50
La Forêt – 5 principles

**REENERGIZE. REHARMONIZE. REFRESH. REGENERATE. RECOVER. WELLBEING!**

Five principles for your holistic bien-être

Our five-principles concept offers a comprehensive and holistic range of treatment options that is beneficial at every level of the body, mind and spirit – and designed to meet your individual needs. Do you need energy, balance, or is it relaxation you require? Every client is different, which is why we focus on each person’s specific requirements, and offer five categories of treatments.

<table>
<thead>
<tr>
<th>Principle</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>REENERGIZING</td>
<td>Perfect for the start of a busy day or to refuel at the end of an arduous week.</td>
</tr>
<tr>
<td>REHARMONIZING</td>
<td>These harmonising treatments aim to create balance, peace and tranquility.</td>
</tr>
<tr>
<td>REFRESHING</td>
<td>Ideal for releasing tension, clearing mental blocks, and reinvigorating body, mind and soul.</td>
</tr>
<tr>
<td>REGENERATING</td>
<td>Massages and spa rituals that revitalise and renew.</td>
</tr>
<tr>
<td>RECOVERING</td>
<td>Rest and sustainable recovery for body, mind and spirit are the main focus.</td>
</tr>
</tbody>
</table>

On the pages that follow you will find tailor-made treatments, massages and rituals.
MASSAGES
Take a breath... and slow down

REENERGIZING
BACK, NECK & SHOULDER MASSAGE
Particularly effective for tension pain in the neck and shoulder area caused by a mostly sedentary lifestyle.
25 min €59

SLIMLINE RECOVERY
Combine slimming and wellness in an infrared, dry sauna cocoon with adjustable temperature settings.
See detailed description on page 28.
25 min €45

REFRESHING
HOT STONE MASSAGE
Restful and relaxing sand bath massage with lava stones for tired muscle fibres and joints. Activates the body’s energetic points, releasing tension and blockages.
Quartz sand spa table 55 min €99

QUARTZ STAMP MASSAGE
Full body massage on the quartz spa table with heated quartz poultices and fragrant oil. The gentle, massaging pressure of the heated poultices stimulates the skin’s reflex zones and assists detoxification. The resulting release of tension restores energy flow.
Quartz sand spa table 55 min €99

REHARMONIZING
BODY AROMATHERAPY MASSAGE
Relaxing massage with essential oils of lavender, eucalyptus, ylang ylang, sandalwood or almond soothes body and mind, leaving your skin feeling smooth and soft.
55 min €99 | 85 min €149 | 115 min €179

FULL BODY MASSAGE
Full body massage with Far Eastern neck, shoulder and head massage plus reflexology.
85 min €149
Massages

**Regenerating**

**Reflexology foot massage**
All the body’s organs are reflected in the feet’s reflex zones. These zones are energised by means of gentle thumb pressure which releases pressure in the corresponding organs, energises the metabolism, and promotes blood flow.

25 min €59

**Sports massage**
Whether in preparation for physical activity or for recovery following exercise – a sports massage relaxes the muscles, soothes cramp, and gets you fit for your next sporting adventure.

25 min €59 | 55 min €99

**Headache treatment**
A soothing, relaxing and mobilising treatment for a pain-free you.

55 min €99

**Fibromyssage**
Fibromyalgia is a chronic condition that manifests itself in generalised muscle and connective tissue pain, as well as in heightened pain in response to tactile pressure on ‘tender points’. The treatment method is individually adapted to suit specific symptoms.

25 min €59

**Recovering**

**Therapeutic & medical sports treatments**
All RECOVERING treatments are based on your personal constitution and specific complaints, and your therapist will deploy a range of techniques such as acupressure, Dorn-Breuss and taping.
**Signature treatments**

**LA FORÊT SIGNATURE TREATMENTS**

Breathe in... and relax!

**LA FORÊT – A DANCE OF HEALING & HARMONY**

Embark on a fascinating woodland journey. Guided by our La Forêt therapist, immerse yourself in the La Forêt experience and delight in a blissful massage. Breathe in the beguiling woodland fragrances, listen to calming Forêt music, and enjoy a cup of woodland fruit tea. The crowning conclusion of an active day at work or on holiday. To make your 'La Forêt feeling' last, take home some forest fragrance in spray form as our gift.

SpaWave 85 min €169

**LA FORÊT HONEY BODY TREATMENT**

This treatment is a highly effective and relaxing massage that begins with a scrub and a warm compress cleanse. Afterwards, warm National Park acacia honey is applied to your back petrissage releases toxins. The warmth of the quartz sand table ensures deep relaxation of both body and mind. To conclude, enjoy a delicious forest fruit tea and take home a La Forêt fragrance spray with our compliments.

Quartz sand spa table 85 min €169

**LA FORÊT MUD TREATMENT**

This wellness treatment starts with a relaxing body scrub using an exfoliating gel based on purified sand grains and green tea. Once dead skin cells have been scrubbed away and the skin is well supplied with oxygen, you enjoy a back, neck and shoulder massage with mud. Following a personal consultation with your therapist, you choose from two types of mud: relaxing or detoxifying. A concluding body wrap further intensifies the mud’s efficacy. For a lasting ‘La Forêt feeling’, sip a delicious detox tea afterwards and take home a La Forêt fragrance as a gift from us.

Quartz sand spa table 85 min €169

**LA FORÊT COMPRESS MASSAGE**

Full body massage on the Quartz bench with wonderfully scented oil. This gentle pressure massage with warm stamps achieves a controlled temperature increase, activating the skin’s reflex zones and encouraging toxin removal. In this way tensions dissolve, and energy is able to flow freely again, all in soothing harmony with singing bowl therapy and concluding with a soothing forest fruit tea. For a lasting ‘La Forêt feeling’, you get the La Forêt fragrance in spray form to take home.

Quartz sand spa table 85 min €169
SLIMLINE™ POD
SlimLine Cocoon infrared / Wellness PRO

For a healthy mind in a healthy body. Combine slimming and wellness in a gorgeously ergonomic cocoon.

- 25 min €45
- 55 min €95, 10 sessions €855
- including 3 products worth €142

ERGONOMIC CONTOUR BED
Comfortable, ergonomic bed with Soft Cushioning. Andulation therapy to counteract muscle and joint pain thanks to dual wave massage system. Ideal for back pain, arthritis, fibromyalgia and athletes.

AMBIENT LED SYSTEM
Intense light painlessly reduces signs of ageing, improves skin structure and regenerates cells. Red and yellow LED light provides atmospheric ambient light.

CONVECTION HEAT AND INFRARED RAYS
The SlimLine Cocoon’s efficient and health-promoting effect helps to burn fat, release toxins, increase metabolic rate (6% increase with each degree more of body temperature), detoxify and open pores.

SUSTAINABLE WEIGHT LOSS
Sustainable weight loss has finally become a realistic goal! Unlike traditional slimming programmes, SlimLine focuses on optimal metabolic stimulation. Why? It strikes back at the yo-yo effect of weight fluctuations, bringing about rapid and noticeable at mass reduction while maintaining muscle mass. With full professional support.

AROMATHERAPY
Aromatherapy uses fragrance therapeutically, primarily to treat disorders related to tension, anxiety and insomnia. The fragrances act on the subconscious to rebalance disturbances of the nervous system. With 4 unique aromas.

SPAWAVE LIGHT & SOUND THERAPY
Enjoy an entirely new and unique anti-stress experience with extraordinary binaural music transmitted via gentle sound waves. Combined with phototherapy and highly effective relaxing vibration massage, this deeply relaxing SpaWave treatment leaves you feeling rested, refreshed and revitalised.

- 30 min €45
**Body packs**

**PRECIOUS, SENSUOUS, EXTRAORDINARY WELLBEING**

**Body packs on a quartz sand spa table**

What is it that makes quartz sand so special? The tiny quartz grains store heat and then release it to highly beneficial effect. In addition, the sand moulds itself around the body, ensuring comfort and evenly spread, sustained heat that gently penetrates deep into your body. The result is detoxification, enhanced blood, lymph and energy flow, and relaxed muscles. The treatment also activates the metabolism and opens the pores of the skin. Body and soul find deep tranquillity.

**RELAXING, STIMULATING & DETOXIFYING**

**FULL BODY MOOR MUD OR CLAY PACK**

Quartz bank 25 min €49

**RELAXING, MOISTURISING & CLEANSING**

**FULL BODY PACK**

Choose from our range of seasonal body packs.

Quartz sand spa table 25 min €49

A gentle full body scrub refines your skin in perfect preparation for our creamy packs.

Surcharge: 25 min €49

**DETOXIFYING, PURIFYING & FIRMING**

**SEAWEED SCRUB & BODY PACK WITH MASSAGE**

Quartz sand spa table 85 min €149

**BORNEO BY DR. BULLENS BODY THALASSO**

**THALASSO DETOX YOUR BODY**

Beauty, nourishment and wellbeing from the power of the sea. The Body Thalasso series contains highly effective Thalassic seaweed as well as thermal water — supremely moisturising active ingredients that visibly tone the body’s silhouette.

Effective whole body treatment with sea salt, cell-strength regenerating tea scrub, shaping Thalasso algae pack, and anti-ageing chakra massage.

55 min €99

**Tip!**

Combine with a session in the SlimLine™ POD.
HANDS, FEET & EXTRAS
Bien-être from your fingertips to the roots of your hair

HANDS & FEET

Manicure
45 min €59

Spa Manicure
Soothing hand care with exfoliation and massage
60 min €89

PedSpa foot treatment
Gharieni’s high-tech PedSpa chair is the world’s first five-motor treatment chair – give your feet an exceptional spa experience!

Hydromassage, cosmetic pedicure & foot massage
45 min €59

Medical PedSpa foot treatment
Hydromassage, medical pedicure & foot massage
75 min €89

Nourishing luxury OPI mask
(hands or feet)
15 min €25

OPI nail polish
€15

OPI gel polish
€49

Gel polish removal
€20

RADIANT EYES

Eyelash tinting
€22

Eyebrow tinting
€22

Eyebrow shaping
€22

Eyelash & eyebrow tinting
€32

MAKE-UP & HAIR STYLING

SHISEIDO make-up for day
10 min €25

SHISEIDO make-up for evening including ampoule
25 min €39

Wash, blow-dry and style
...in the PedSpa with lava swing
Please make an appointment!

Short hair
€40

Long hair
€45

WAXING

Waxing – upper lip or chin
€15

Waxing – upper lip and chin
€25

Waxing – arms
€29

Waxing – bikini or underarm
€29

Waxing – face
€35

Waxing – half legs & knees
€59

Waxing – full legs
€55

Waxing – back
€35

ZIE ONZE WEBSITE VOOR ALLE DAGARRANGEMENTEN!
WWW.LABUTTEAUXBOIS.BE
MUMS TO BE
Our mums to be are in the best of hands!

PREGNANCY MASSAGE
A pregnancy massage on the sand spa table gently relaxes the back muscles, takes the pressure off your feet, and reduces fluid retention in the legs. Enjoy the sensation of harmonious lightness!

Quartz sand spa table  55 min  €99

TIP: Enjoy a relaxing facial, nurturing pedicure and blissful foot massage for top to toe wellbeing!

SPA ETIQUETTE
We have devised a few guidelines to ensure an utterly blissful Spa Retreat La Forêt experience.

BOOKING TREATMENTS
Please book your treatments in good time so that we can guarantee your preferred appointment time and date. We recommend contacting our spa reception team before you travel. Tel: +32 (0) 89 739772

DRESS
Our exclusive La Butte aux Bois bathrobes are the perfect garment for your spa treatment. You will find a spa bag in your room.

DAY SPA
The Spa Retreat La Forêt is also open to non-staying guests. Please see our day spa brochure for information about attractive day spa packages.

MEDICAL INFORMATION
Please let us know about any health problems or restrictions at the time of booking. This will help us tailor your treatment to your needs.

GIFT VOUCHERS
La Forêt vouchers are the perfect gift for special occasions. Our ideas are as individual as your wishes! Alternatively, we can issue you with vouchers made out to a value of your choice.

CANCELLATIONS
If you need to cancel, please notify us at least 48 hours before your appointment. Regrettably, we will have to make a charge of 100 percent of the treatment rate if your cancellation is received later than this.

APPOINTMENTS
Please come to the spa reception 10 minutes before the start of your appointment. Out of consideration for guests who have booked treatments after yours, we will have to curtail your treatment in the event that you arrive late. The full treatment charge will still be payable.

Subject to change without notice; misprints and errors excepted. Please see www.labutteauxbois.be for our general terms & conditions.

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